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IRENE KALBIAN RUNS PR HALF-MARATHON

PHILADELPHIA, PA – Second-year medical student Irene Kalbian ran 1:22:45 today at the Philly Rock 'n' Roll Half-Marathon, placing 32nd and smashing her personal record by 40 seconds.

Kalbian's pace was very consistent and efficient throughout the race, clicking off evenly-paced miles of 6:19-6:20 the entire way.

Coached by Dr. Jason Karp, founder of [REVO₂LUTION RUNNING ELITE](#), Kalbian's progress has been spectacular over the last year. In August of 2017, Kalbian, who plans on becoming an orthopedic surgeon, ran 6:17 pace for 6.2 miles (10K). One year later, she's running 6:19 pace for 13.1 miles (21.1K). She has progressed from a 1:29 half-marathon last November to 1:22 today. She will be running the Philadelphia Marathon on November 18.

Follow Irene Kalbian's running and medical school journey on Instagram @renebean2.

For complete race results of the Philly Rock 'n' Roll Half-Marathon, visit <https://www.runrocknroll.com/en/events/philadelphia>.

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